



Interland 2010




'Het Vlaams Verbond voor Oriënteringssporten vzw' and 'KOL vzw' are pleased to welcome all orienteering friends to Hechtel, Belgium for the Interland VVO-NOLB-FRSO-WTB-EOC and guest LNPCCO.

BULLETIN 2

Organisation	VVO and KOL
Contact Person	Mireille Vanoosterhout Hendrik Van Veldekesingel 150/77 B-3500 Hasselt Tel.: 0032/11.87.08.28 or 0497/464621 Fax: 0032/11.87.08.26 E-mail: mireille.vanoosterhout@orientatie.org


TRAINING

Date	Saturday, March 6th, 2010
Map	Houthalen "Kelchterhoef West" IOF standard, scale 1/7.500, last update spring 2009
Competition Center	Cafeteria "de Plas" on domain "Kelchterhoef" Binnenvaartstraat 3530 Houthalen
Signposting	From roundabout on road "Houthalen" – "Houthalen Oost" (streetname = Weg naar Zwartberg) 
Start	From 13h30 till 15h30 Parking > CC: 50m till 250m Start and finish in immediate area of Competition Centre
Inscription teams	At last 26/02/2010 by mireille.vanoosterhout@orientatie.org

ACCOMMODATION

Where	Youth hostel "De Roerdomp", Boekrakelaan 30, 3600 Bokrijk
Signposting	Follow the signs of Youth Hostel from highway E314-A2, direction Aken/Genk, exit "Midden-Limburg" (exit 30), direction Bokrijk.
Inscription	Number of people before 15/02/2010 Names before 26/02/2010
Entry Fees in Euros	Lodging, evening meal on Saturday, breakfast and lunch on Sunday: 35 euro

INTERLAND

Date	Sunday, March 7th, 2010																
Map	Hechtel "Hechtelse Duinen" IOF standard																
Competition Centre	Hechtel, Zaal Don Bosco, don Bosco straat																
Signposting	From road N715 Hechtel – Helchteren and road N73 Leopoldsburg - Hechtel 																
Start	From 9am till 10.15am interland Regular course from 10.30am till 12.30pm (registration on place) Parking > CC: playground school "Don Bosco" CC > start: 1700m, Finish > CC: 200m																
Inscription teams	Before 26/02/2010 by mireille.vanoosterhout@orientatie.org																
Courses	<table border="1" style="margin-left: auto; margin-right: auto;"> <tr><td>1</td><td>H21</td></tr> <tr><td>2</td><td>H20, H40</td></tr> <tr><td>3</td><td>D21</td></tr> <tr><td>4</td><td>D20, H50</td></tr> <tr><td>5</td><td>D40, H17</td></tr> <tr><td>6</td><td>D17, H60</td></tr> <tr><td>7</td><td>D50, H14</td></tr> <tr><td>8</td><td>D14, D60</td></tr> </table>	1	H21	2	H20, H40	3	D21	4	D20, H50	5	D40, H17	6	D17, H60	7	D50, H14	8	D14, D60
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Price-giving Interland	12.30pm																

PRICE

	D/H-12 until D/H-18	D/H-20 and older
Interland	5,00	7,50
Training	2,50	4,00
Hire Emit	1,00	2,00
Regular Course	2,50	4,00

Team Leaders meeting will be held on Saturday, March 6th at 20h in the hostel.

All entries by document attached.

If you have questions, please let me know.

With best regards,
Mireille Vanoosterhout